

The Empowerment Movement

Success Thru Personal Protection

Diva Pro Defense LLC is about empowering woman with the knowledge and tools to help keep them safe. We strive to install confidence and knowledge in all women that there is a way out if ever threatened

We started this company because everyone deserves to feel safe. We feel so passionately about the safety and wellbeing of other a requirement of all of our representative is to be self-defense certified in order to remain active on our team

The national statistics on crimes against women, minorities and children are alarming. 3.4 million People were stalked last year, 1 in 3 adolescent girls are victims of physical, emotional and verbal abuse. 1 in 5 tweens (young girls between the ages of 11-14) are victims of dating violence... We can go on and on.

To aggressively tackle the ongoing preventable social issues we are facing (Bullying, Domestic Violence, Hate Crimes... Etc...); we have decided to bring a new and innovative program that is being implemented around the country.

Durga Pro Defense is the empowerment division of Diva Pro Defense LLC who is partnering with self-defense classes all over local, state and national levels to bring you the taught tools needed to empower those who attend to success.

There is a list of 'FREE and low-cost' classes on our website along with links to those who are teaching the class. Durga Pro Defense also has a monthly 'FREE' class! Our class is posted on all social media sites, our website and in our corporate office in Elk Grove.

We look forward to partnering with you for YOUR success in spreading the word about the Empowerment Movement and all it has to offer.

We have had proven success on many levels with our FREE self-defense classes in previous years. We are excited about the expansion to include other community classes and associations.

All the Best,

Tandra Mathews

Tandra Mathews
Owner and CEO

